



TEREDESAI, McCANN & ASSOCIATES, P.C.
Hypertension and Kidney Specialists

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Types of Medications

*[Chlorambucil](#) – *[Cytosan](#) – *[Prednisone](#)

Chlorambucil

HOW TO USE THIS MEDICINE: all the directions for using this medicine provided by your doctor. TRY TO TAKE THIS MEDICINE at the same time every day. DRINKING EXTRA FLUIDS while you're taking this medicine is recommended. Check with your doctor or nurse for instructions. If nausea, vomiting, or loss of appetite occurs, ask your doctor, nurse, or pharmacist for ways to lessen these effects. STORE THIS MEDICINE at room temperature in a tightly closed container, away from heat, moisture, and light. IF YOU MISS A DOSE OF THIS MEDICINE and you take one dose daily, take the missed dose if you remember the same day. Skip the missed dose if you do not remember until the next day. Do not take two doses at once.

Cautions: DO NOT EXCEED THE DOSE prescribed by your doctor. KEEP ALL DOCTOR AND LABORATORY APPOINTMENTS while you're taking this medicine. THIS MEDICINE LOWERS YOUR RESISTANCE to infection. To prevent infection, avoid contact with people who have colds or other infections. Do not touch your eyes or the inside of your nose unless you have thoroughly washed your hands first.

THIS MEDICINE MAY REDUCE THE NUMBER OF BLOOD CELLS NEEDED FOR CLOTTING. To prevent bleeding, avoid situations where bruising or injury may occur. CHECK WITH YOUR DOCTOR BEFORE HAVING IMMUNIZATIONS (VACCINATIONS) while you're using this medicine. The use of birth control is recommended while you're taking this medicine.

THIS MEDICINE HAS BEEN SHOWN TO CAUSE HARM to the human fetus. If you plan on becoming pregnant, discuss with your doctor the benefits and risks of using this medicine during pregnancy. It is unknown if this drug is excreted in breast milk. DO NOT BREAST-FEED while taking this medicine.



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Possible side effects: SIDE EFFECTS, that may go way during treatment, include diarrhea, tiredness, or mild nausea. If they continue or are bothersome, check with your doctor.

CHECK WITH YOUR DOCTOR AS SOON AS POSSIBLE if you experience fever; chills; sore throat; hip, stomach or joint pain; vomiting; yellowing of the skin or eyes; sores in the mouth or on the lips; persistent cough; congestion, shortness of breath, or difficulty breathing; unusual bruising or bleeding; absence of monthly menstruation; excessive tiredness; or skin rash.

This medicine may also cause cancer if taken over a long period of time. If you notice other effects not listed above, contact your doctor, nurse, or pharmacist.

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Cytosan (CYCLOPHOSPHAMIDE)

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your doctor. TAKE THIS MEDICINE on an empty stomach. IF THIS MEDICINE UPSETS YOUR STOMACH, it may be taken with food. IF NAUSEA, VOMITING, OR LOSS OF APPETITE OCCURS, ask your doctor, nurse, or pharmacist for ways to lessen these effects. STORE THIS MEDICINE at room temperature below 77 degrees Fahrenheit in a tightly closed container, away from the heat, moisture, and light.

IF YOU MISS A DOSE OF THIS MEDICINE and you take one dose daily, take the missed dose if your member the same day. If you do not remember until the next day, skip the missed dose and go back to your regular dosing schedule. Do not take two doses at once.

CAUTIONS: KEEP ALL DOCTORS AND LABORATORY APPOINTMENTS while you're being treated with this medicine. DRINK EXTRA FLUIDS and empty your bladder regularly while taking this medicine and for 24 hours after you receive this medicine. BEFORE YOU BEGIN TAKING ANY NEW MEDICINE, either prescription or over-the-counter, check with your doctor or pharmacist. THIS MEDICINE LOWERS YOUR RESISTANCE TO INFECTION. To prevent infection, avoid contact with people who have cold or other infections. Do not touch your eyes or the inside of your nose unless you have properly washed your hands first.



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THIS MEDICINE MAY REDUCE THE NUMBER OF BLOOD CELLS NEEDED FOR CLOTTING. To prevent bleeding, avoid situations where bruising or injury may occur. BEFORE YOU HAVE ANY MEDICAL OR DENTAL TREATMENTS OR SURGERY, tell the doctor or dentist that you are taking this medicine.

CHECK WITH YOUR DOCTOR BEFORE HAVING IMMUNIZATIONS (VACCINATIONS) while you are using this medicine. THE USE OF BIRTH CONTROL IS RECOMMENDED while using this medicine. THIS MEDICINE HAS BEEN SHOWN TO CAUSE HARM to the human fetus. IF YOU PLAN ON BECOMING PREGNANT, discuss with your doctor the benefits and risks of using this medicine during pregnancy. THIS MEDICINE IS EXCRETED IN BREAST MILK. DO NOT BREAST-FEED while taking this medicine.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS, that may go away during treatment, include nausea, vomiting, loss of appetite, diarrhea, absence of menstrual periods, unusual tiredness or weakness, or hair loss. If they continue or are bothersome, check with your doctor. CHECK WITH YOUR DOCTOR AS SOON AS POSSIBLE if you experience unusual bruising or bleeding; painful urination; lower back or abdominal pain; persistent cough, shortness of breath, or difficulty breathing; fever, chills, or sore throat; or blood in urine.

This medication may also cause infertility or cancer if taken over a long period of time. If you notice other effects not listed above contact your doctor, nurse, or pharmacist.

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Prednisone

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your doctor. TAKE THIS MEDICINE with food or a snack. STORE THIS MEDICINE at room temperature, away from heat and light. IF YOU MISS A DOSE OF THIS MEDICINE and you are taking one dose daily, take it as soon as possible. If you do not remember until the next day, skip the missed dose and go back to your regular dosing schedule. Do not take two doses at once.

CAUTIONS: DO NOT STOP TAKING THIS MEDICINE without checking with your doctor. Stopping this medicine suddenly may cause serious side effects. KEEP ALL DOCTORS AND LABORATORY APPOINTMENTS while you are using this medicine. BEFORE YOU HAVE ANY MEDICAL OR



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DENTAL TREATMENT, EMERGENCY CARE, OR SURGERY, tell the doctor or dentist that you are using this medicine.

THIS MEDICINE MAKES YOU MORE SUSCEPTIBLE TO ILLNESSES, especially if you take it for an extended period of time. Prevent infection by avoiding contact with people who have colds or other infections. If you are exposed to chickenpox, measles, or tuberculosis (TB) while taking this medicine or within 12 months after stopping this medicine, call your doctor. Also report to your doctor any injuries or signs of infection (fever, sore throat, pain during urination, or muscle aches) for up to 12 months after stopping this medicine.

CHECK WITH YOUR DOCTOR BEFORE HAVING IMMUNIZATIONS (VACCINATIONS) while you are taking this medicine. BEFORE YOU BEGIN TAKING ANY NEW MEDICINE, either prescription or over-the-counter, check with your doctor or pharmacist. IF YOU PLAN ON BECOMING PREGNANT, discuss with your doctor the benefits and risks of using this medicine during pregnancy. IF YOU ARE OR WILL BE BREAST-FEEDING while you are using this medicine, check with your doctor or pharmacist to discuss the risks to your baby.

IF YOU HAVE DIABETES, this medicine may affect your blood sugar. Check blood sugar levels closely and ask your doctor before adjusting the dose of your diabetes medicine.

POSSIBLE SIDE EFFECTS: SIDE EFFECTS that may go away during treatment, include difficulty sleeping, mood changes, nervousness, increased appetite, or indigestion. If they continue or are bothersome, check with your doctor.

CHECK WITH YOUR DOCTOR AS SOON AS POSSIBLE if you experience swelling of feet or legs; unusual weight gain; Black, tarry stools; vomiting material that looks like coffee grounds; severe nausea or vomiting; changes in menstrual period; headache; muscle weakness; or prolonged sore throat, cold, or fever.

THIS MEDICATION HAS BEEN KNOWN to cause cataracts, osteoporosis (thin bones), gastritis, and stomach ulcers. If you notice other effects not listed above, contact your doctor, nurse, or pharmacist.

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